

Action Speaks Volume

A word from our CEO

Welcome to the first-ever Action Speaks Volume newsletter. We invite you to receive words of inspiration and to learn some simple tools to realize the power of self. Feel free to share this newsletter with friends, family, and anyone who may benefit from its message.



Solve your problems with the Action Speaks Volume equation FAR

$$\text{FRUSTRATION} + \text{ACTION} = \text{RESULTS}$$

Three tips to empower you to take action with more clarity and confidence:

1

Frustration is an instrument, not an obstacle. It illuminates the flaws in our approach. When it's job is done well, we find new ways.

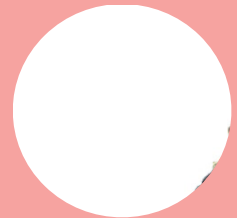
2

You're well-armored and fit for any battle. Take action that plays to your strengths and be wise enough to choose the battles that win the war.

3

Are you sick and tired of being sick and tired? Action properly fueled by frustration gets results. Do something about the things you hope to do something about.

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